Complete this worksheet after you have modified your course, delivered it, and assessed it. Attach a syllabus/course outline, Activity Sheets for new activities, summary of your assessment, and essential copies of teaching materials to help the mentor team evaluate your achievement of workshop goals.

Course Name: ___Practice 1 Lecture and Lab_______SW 6100-001 Spring 2015 Practice III: Lecture; SW 6101-001 - Practice IV: Application (lab)

Master of Social Work Program

Instructor Name: ____David Derezotes__________________________

List your course, lesson, or activity learning goals that highlight new sustainability elements.

Module Seven: Transpersonal Eco psychology theories (David Derezotes)

Readings for Week Seven lecture:

Goals:

1. Appreciate ecopsychology theory
2. Understand the literature informing ecopsychology
3. Be able to apply theory and literature to practice interventions

Readings:


No author. Why is everyone so busy? (see file "why is everyone so busy.docx").

Derezotes, D.S. Advanced generalist social work. Chapters 12 (see files - titled Transpersonal) &

And link below

http://thoth.library.utah.edu:1701/primo_library/libweb/action/dlDisplay.do?vid=UUU&afterPDS=true&institution=UUU&docId=uuu_courses000163780 (Links to an external site.) (Links to an external site.)
Derezotes, D.S. Spiritually inclusive social work practice. Chapter 3: Methods in spiritual transformation (see files- titled spiritual methods)

Derezotes, D.S. Advanced generalist social work, Chp 15, Local & global community paradigm

Explain the new sustainability element(s) you incorporated into your course and how they related to the learning goals above (at course, lesson, or activity level). Describe how you see these elements relating to sustainability.

This is a Lecture course with 110MSW students that also has a lab section for all students as well (4 credits total)

I created a power point presentation for the lecture that introduces Ecopsychology to my social work students, and then we broke into lab classes (each about 25 students) and practiced Ecopsychology interventions.

In preparing for this presentation, I also wrote a chapter, which was accepted into one of the most read social work textbooks in the country (the first of its kind, on Ecopsychology).


- In this chapter, the author describes the emerging field of ecopsychology, and how it can help inform 21st Century social work practice. The theory and research behind ecopsychology is described, as well as practical micro, mezzo, and macro level interventions. An ecopsychological developmental model is also offered that links the person’s relationship with the physical environment to her lifelong ecobiopsychosocialspiritual growth. The case is made that ecopsychology, which is in large measure about our individual and collective response to the global threat of climate change, will become the 5th Force in Maslow’s “4 Forces” schema.
Provide a concise listing of sustainability lessons and activities and show their location in the course schedule. For selected activities attach a completed Activity Sheet.

Deep ecology module:

**Topic one: Integrating body-mind-spirit-environment**

Our well being is interconnected with the well being of other living things and the ecosystems that support all life

**Topic two: Deep ecology: literature on Integrating body-mind-spirit-environment**

Deep ecology philosophy values all living beings equally and emphasizes the interconnectedness of all living things with the ecosystems that support life (Tobias, 1988).

The physical and psychological well being of human beings is interconnected with the well being of other living things and ecosystems (e.g., de Steiguer, 2006).

The ways we think and communicate as humans may in fact be intimately connected with the evolution of natural ecosystems (Abram, 1996).

Ecofeminists have added androcentrist theory to deep ecology; and suggest that our over-emphasis of the masculine perspective in our world view has helped create our disconnection with and destruction of the environment (Nelson, 2006).

Deep ecologists recognize that humans need to recognize our interdependence with nature before we cause irreversible damage to the ecosystems that support our existence (Bender, 2003).

**Topic three: Deep ecology interventions**

Nature as the great healer

Garden therapy

Animal therapy

Wilderness therapy

Walking

Becoming an activist in local and global community

Activities:
With each of three topics, all 110 students received my lecture/powerpoint, followed by a discussion I led.

With topic three (above) we broke up into our lab sections, and instructors modeled how to do these interventions, had students practice them in role plays, and then gather feedback.

What motivated you to change your course?

Ever since I was a boy, I have been sensitive to what we humans were doing to the environment. I have naturally wanted to include the topic of Ecopsychology in social work.

Explain how you approached the modification of your course.

The most difficult thing is to sell this idea to other faculty who resist change or who favor more conventional approaches. I compiled a literature to help prove my case in committee.

After that, setting up the module was actually easy and fun.

Did you achieve your proposed desired modification of the course? Why or why not?

It is a start. Hopefully, at some point, Ecopsychology will become an equally respected and included approach to social work practice.

Describe the process you took to develop the sustainability teaching materials. What did you find particularly helpful? What did you do that was not particularly helpful?

Helpful:
1. Literature review
2. Persistence in talking with other faculty
3. Enthusiasm from students
4. My status in college as a full professor
5.

Not helpful:
1. Threatened colleagues
2. Ambivalence from administration
3. Pressure from conservative elements in social work to teach conventional material
Did the students achieve the sustainability learning goals of the course, lesson, and/or activity?

Yes, the student feedback was almost completely positive, and they wanted more content

What will you do differently in the future to continue to enhance the sustainability content and/or delivery of this course and others?

I will
1. Try to hire more open new faculty
2. Push to include ecopsychology content in the CSW mission statement

In retrospect, in what ways could the Wasatch Experience have improved your ability to elevate your teaching of sustainability content?

I think the groups that were formed were artificially formed. Better to let us find our own “people” in the class. Although I liked the people in my work group, they were unable to be of any assistance to me.

Overall, I totally appreciate the Wasatch Experience. I think that a little more individualization of our learning objectives, forms, requirements would make sense, we are all very different!